

# ALL IN WITH STEPHANIE

Matthew 6:33 (ESV)

*"But seek first the kingdom of God and his righteousness, and all these things will be added to you. "*

## LEARN

### **Seeking the Kingdom of God is a B.L.A.S.T.**

- **B**roadens our perspective – eternal
- **L**oosens our grip – temporal
- **A**ligns our thinking – we care about what God cares about
- **S**hifts our behavior – laughter, joy, purity and virtuous
- **T**empers our reactions – respond versus react

## APPLY

**What would you say you need most right now? What if I told you, whatever it is, Jesus is better. Jesus is the answer. Whatever you think you need, replace Jesus with that thing in your mind.**

**Pick a verse to meditate on in the morning and before bed.**

## PRAY

God, it is you, it is your Kingdom and Your righteousness that we seek. God I ask that you would broaden my perspective and loosen my grip on the things of this world. A ask that you would align my thinking to yours Lord, and shift my behavior. As I seek you Lord will you temper my reactions and help me to respond with gentleness.

In the strong name of Jesus we agree, Amen.